Paramahansa Yogananda Path, Ranchi 834 001, Jharkhand; Phone: (0651) 6655 555

SCHEDULE OF PROGRAMMES: NOVEMBER 2023-DECEMBER 2024

(SANGAMS, RETREATS, TOUR PROGRAMMES, AND COMMEMORATIONS)

Dear Divine Atman,

With utmost joy, we inform you about the various functions: sangams, retreats, and tour programmes of YSS sannyasis that are planned for the year November 2023 to December 2024. Inspiring us to build an inner temple of silence, our beloved Gurudeva said: "What joy awaits discovery in the silence behind the portals of your mind no human tongue can tell. But you must meditate and create that environment. Those who deeply meditate feel a wonderful inner quiet." These functions provide a wonderful opportunity for the sincere sadhaks to withdraw their attention from the ceaseless activity of everyday living, and focus it on the Inner Silence, and thereby drink the nectar of God's peace and bliss.

As every spiritual event gives a new stimulus to our sadhana, your participation in these events will rekindle your spiritual enthusiasm and will also help you to experience the joy and blessings that come from meditating with and being in the company of other earnest seekers. During these events, you may also avail yourself of the guidance of YSS sannyasis in the application of Gurudeva's teachings in your daily life.

		NOVEMBER - DECEMBER 2	023
Andhra	Dec 3	BHIMAVARAM	One-Day Programme
Pradesh	Dec 10	PALAMANER	One-Day Programme
Chhattiagash	Nov 29	KORBA	One-Day Programme
Chhattisgarh	Dec 3	RAIPUR	One-Day Programme
	Dec 12	вниј	One-Day Programme
Gujarat	Dec 15-17	RAJKOT	Includes Kriya Yoga Diksha
	Dec 23-25	SURAT	Three-Day Programme
Madhya Pradesh	Dec 15-17	BHOPAL	Includes Kriya Yoga Diksha
Maharashtra	Dec 3	PUNE	One-Day Programme
Odisha	Nov 24-26	PURI	Retreat (Odia)
Ouisiia	Dec 1-3	PURI	Retreat (English)

	Dec 22-24	CHENNAI	Includes Kriya Yoga Diksha
Tamil Nadu	Dec 27	TIRUNELVELI	One-Day Programme
	Dec 30-31	PARAMAKUDI	Two-Day Programme
Telangana	Dec 5	KHAMMAM	One-Day Programme
West Bengal	Dec 15-17	DIHIKA	Retreat (Bengali)
		JANUARY - DECEMBER 20	24
	Feb 4	WARANGAL	One-Day Programme
Andhra	Feb 8	PITHAPURAM	One-Day Programme
Pradesh	Feb 11	GUNTUR	One-Day Programme
	Dec 13-15	KAKINADA	Includes Kriya Yoga Diksha
Assam	Apr 6-7	GUWAHATI	Two-Day Programme
Bihar	Feb 10-11	DARAUNDA	Two-Day Programme
	Feb 18	VIJAPUR	One-Day Programme
Continuent	Feb 21	PORBANDAR	One-Day Programme
Gujarat	Feb 25	BHAVNAGAR	One-Day Programme
	Sept 20-22	VADODARA	Includes Kriya Yoga Diksha
Himachal	Jul 26-28	SOLAN	Includes Kriya Yoga Diksha
Pradesh	Aug 31-Sep 1	PALAMPUR	Two-Day Programme
Jammu	Nov 22-24	JAMMU	Includes Kriya Yoga Diksha
	Mar 3	ARSIKERE	One-Day Programme
Karnataka	Mar 7	BAILHONGAL	One-Day Programme
	Aug 10-11	DHARWAD	Includes Kriya Yoga Diksha
Kerala	Feb 25	COCHIN	One-Day Programme
Keraia	Feb 28	KANNUR	One-Day Programme
Madhya	Nov 29-Dec 1	JABALPUR	Includes Kriya Yoga Diksha
Pradesh	Dec 4	INDORE	One-Day Programme
	Mar 10	NASIK	One-Day Programme
Maharashtra	Apr 12-14	MUMBAI	Includes Kriya Yoga Diksha
	Dec 1	CHANDRAPUR	One-Day Programme
	Feb 23-25	BHUBANESWAR	Includes Kriya Yoga Diksha
Odisha	Dec 6-8	PURI	Retreat (Odia)
	Dec 13-15	PURI	Retreat (English)
Punjab	Sep 5	AMRITSAR	One-Day Programme

	Feb 3-4	AJMER	Two-Day Programme
D - 1 41	Feb 7	SURANA	One-Day Programme
Rajasthan	Feb 10-11	UDAIPUR	Two-Day Programme
	Sep 27-29	JAIPUR	Includes Kriya Yoga Diksha
	Jul 26-28	SALEM	Includes Kriya Yoga Diksha
Tamil Nadu	Aug 2-4	TIRUCHIRAPALLI	Includes Kriya Yoga Diksha
	Aug 7	THIRUTHURAIPOONDI	One-Day Programme
Telangana	Dec 20-22	HYDERABAD	Includes Kriya Yoga Diksha
	Jan 5-7	BAREILLY	Mandir Inauguration with Kriya Yoga Diksha ceremony
Uttar Pradesh	Mar 3	GORAKHPUR	One-Day Programme
	Mar 7	VARANASI	One-Day Programme
	Sep 6-8	AGRA	Includes Kriya Yoga Diksha
Uttarakhand	Mar 10	HARIDWAR	One-Day Programme
	Jan 1-5	DAKSHINESHWAR	Janmotsav with Kriya Yoga Diksha ceremony
West Bengal	Mar 31	SILIGURI	One-Day Programme
	Nov 22-24	DIHIKA	Retreat (Bengali)

Note: For all the events, information about the venue and the names of the contact persons are given in the Annexure.

RETREAT PROGRAMMES

The retreat programmes are open to *YSS Lessons* students only. Men and women will be accommodated separately. These retreats will include group meditations and spiritual discourses by Yogoda Satsanga *sannyasis*. Participants are urged to maintain silence during the retreat to deepen their attunement with Guruji, and to build their inner environment.

ONE-DAY & TWO-DAY PROGRAMMES

The One-Day and Two-Day programmes offer a blessed opportunity for all devotees who wish to learn or review the practice of the meditation techniques or need spiritual guidance in applying Gurudeva's *how-to-live* principles in their daily life. Although the programme schedule may vary from place to place, sample outlines of the *one-day* and *two-day* programmes are given below:

ONE-DAY PROGRAMME

	•	JNE DAT I KOUKAMME
	08:00-09:15 a.m.	Energization Exercises and meditation
	10:00–11:00 a.m.	Review of Hong-Sau technique (YSS Lessons students only)
	11:00–12:30 p.m.	Review of Energization Exercises (YSS Lessons students only)
	12:30–02:30 p.m.	Personal interviews with <i>sannyasis</i> (available on request)
	02:30-03:30 p.m.	Review of Aum technique (YSS Lessons students only)
	04:30-06:30 p.m.	Energization Exercises, meditation, and closing <i>satsanga</i>
	Т	TWO-DAY PROGRAMME
		Day I
	09:30-10:30 a.m.	Opening satsanga
	10:30–12:00 noon	Review of Energization Exercises (YSS Lessons students only)
	02:30-03:30 p.m.	Review of Hong-Sau technique (YSS Lessons students only)
	04:30-06:15 p.m.	Energization Exercises and meditation
	06:30-07:30 p.m.	Spiritual discourse
	07:30-08:30 p.m.	Video show on Guruji
Day II		
	07:00-08:30 a.m.	Energization Exercises and meditation
	00:30 10:30 a m	Paview of Aum technique

	Day II
07:00-08:30 a.m.	Energization Exercises and meditation
09:30–10:30 a.m.	Review of Aum technique (YSS Lessons students only)
11:00-12:00 noon	Spiritual discourse
02:30-04:00 p.m.	Kriya Yoga review and check-up (YSS Kriyabans only)
05:30-08:00 p.m.	Energization Exercises, meditation, and closing satsanga

DEDICATION OF NEW DHYANA MANDIR AT BAREILLY

It gives us immense joy to announce that the Yogoda Satsanga devotees of Bareilly worked tirelessly, and with great zeal and enthusiasm to build a beautiful Dhyana Mandir which will be inaugurated during their monastic tour programme. We welcome you to join the dedication ceremony of this new Dhyana Mandir. Further information about the programme can be obtained by contacting the devotees mentioned in the Annexure.

FUNCTIONS WITH KRIYA YOGA DIKSHA CEREMONIES

Our *sannyasis* will conduct Kriya Yoga *diksha* ceremonies in the places mentioned earlier to initiate eligible devotees. In addition to the Kriya Yoga *diksha* ceremony, there will also be group meditations, explanation of the YSS techniques of concentration and meditation, spiritual counselling for devotees, a video show on Guruji, and spiritual discourses in order to strengthen individual resolve and zeal to meditate deeply and progress steadfastly towards the Divine Goal.

The tentative programme for such a function is as shown below:

Day I 09:30-10:30 a.m. Opening satsanga Review of Energization Exercises 10:30-12:00 noon (YSS Lessons students only) Review of Hong-Sau technique 02:30-03:30 p.m. (YSS Lessons students only) Energization Exercises and meditation 04:30–06:15 p.m. Spiritual discourse 06:30-07:30 p.m. 07:30-08:30 p.m. Video show on Guruji Day II Energization Exercises and meditation 06:00-09:00 a.m. 09:45-10:45 a.m. Spiritual discourse Review of Aum technique 11:00-12:00 noon (YSS Lessons students only) 02:30-03:30 p.m. Question-Answer session 04:30-06:15 p.m. Energization Exercises and meditation 06:30-07:30 p.m. Spiritual discourse

Day III

08:00-12:00 noon Kriya Yoga diksha

(for eligible YSS devotees only)

02:00-03:30 p.m. Closing satsanga and Prasad

04:00-06:00 p.m. Kriya Yoga review and check-up

(YSS Kriyabans only)

Eligibility for receiving the Kriya Yoga *diksha* at any of these places is dependent upon submission of satisfactory answers to the questionnaire enclosed with Lessons. As you will note in the questionnaire, to be eligible for receiving Kriya Yoga, the devotee must have been regularly practising the first three basic YSS meditation techniques for several months. You must also submit the signed Kriya Yoga Pledge of devotion and loyalty to our line of Gurus and the Yogoda Satsanga path. If you wish to apply for Kriya Yoga and have not yet sent your answers to the questionnaire, they may be submitted at the kendra/mandali where you would be attending the programmes, to be checked by the *sannyasis* upon their arrival in that city. If you have already sent these to Ranchi and received approval for Kriya Yoga in writing, please take that letter of approval with you for registering at the kendra/mandali.

All who wish to receive Kriya Yoga *diksha* at the ceremony, including those who have received the Kriya Yoga Lessons but have not participated in a ceremony; and, those Kriyabans who have received formal *diksha* but wish to attend the ceremony will need to register at the kendra concerned at least a day in advance, and bring the required admittance card to the ceremony. Please bring and show your Kriyaban Identification Card when registering yourself for Kriya *diksha* and when attending the review.

REGISTRATION AND OTHER INFORMATION

If you wish to participate in any of the above events, please inform the concerned YSS ashram, kendra, or mandali at least one month before that event, giving your full name, address, telephone number, email id, Lessons number, age, and dates of your proposed arrival and departure. You will then receive a confirmation about your registration. For further information regarding registration fees, food arrangements, accommodation details for outstation devotees, and personal interviews with the *sannyasis* regarding *sadhana*, please contact the persons of the respective cities listed in the Annexure.

Online registration facility will be made available for some of these events; and it can be accessed by visiting the YSS website.

COMMEMORATIONS IN 2024

Special functions to commemorate the following events of spiritual significance will be organized at all YSS ashrams and dhyana kendras and mandalis during the year 2024.

January 5	Avirbhav anniversary of Sri Sri Paramahansa Yogananda
March 7	Mahasamadhi anniversary of Sri Sri Paramahansa Yogananda
March 9	Mahasamadhi anniversary of Sri Sri Swami Sri Yukteswar Giri
March 22	Foundation Day
May 10	Avirbhav anniversary of Sri Sri Swami Sri Yukteswar Giri
July 21	Guru Purnima
July 25	Sri Sri Mahavatar Babaji Smriti Divas
August 26	Janmashtami
September 26	Mahasamadhi anniversary of
	Sri Sri Lahiri Mahasaya
September 30	Avirbhav anniversary of Sri Sri Lahiri Mahasaya

ONLINE PROGRAMMES

In addition to the in-person events, our *sannyasis* lead meditations, commemorations, retreats, and also give *satsangas* on our Online Dhyana Kendra (ODK). We also offer devotee-led meditations in several Indian languages including Hindi, Kannada, Tamil, Telugu, and Bengali. For more information, please visit yssi.org/odk

We hope that your attendance and participation in these programmes will bring many spiritual blessings to you and your loved ones.

As you strive to meditate faithfully, think positively, and act righteously each day of your life, may your spiritual endeavours draw strength from our beloved Gurudeva's inspiring counsel: "God is approachable. Talking of Him and listening to His words in the scriptures, thinking of Him, feeling His presence in meditation, you will see that gradually the Unreal becomes real, and this world which you think is real will be seen as unreal. There is no joy like that realization."

May God and the Great Gurus be ever enshrined in your thoughts and feelings.

In divine friendship,
YOGODA SATSANGA SOCIETY OF INDIA

ANNEXURE

Contact Information for Various Events During Nov 2023 to Dec 2024

AGRA, Uttar Pradesh

Yogoda Satsanga Dhyana Kendra—Agra

Barauli Ahir, Near St. Andrews School, Shamshabad Road, AGRA 283125, Uttar Pradesh; Phone: 9410000950, 8979736399; Email: agra@ysscenters.org

Additional contact persons: Smt. Kiran Yadav: 9456818908; Sri R. S. Bhadoriya: 9410831454; Sri Amit Misra: 9897770922

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Agra

AJMER, Rajasthan

Yogoda Satsanga Dhyana Mandali—Ajmer

C/o Sri Sunil Sharma, A-79, Near Stadium, Chandravardai Nagar, AJMER 305001, Rajasthan; Phone: 9460422566; Email: ajmer@ysscenters.org

Additional contact persons: Sri Sunil Sharma: 9460609987; Sri S. K. Vijaya: 9351552816; Sri Bhawani Singh: 9057583996

All programmes will be held at: LIC Colony, Community Hall, Vaishali Nagar, In front of Hotel Mansingh, Ajmer

AMRITSAR, Punjab

Yogoda Satsanga Dhyana Mandali—Amritsar

Khosla Bhawan, 280, Green field, Near Balaji Mandir, Majitha Road, AMRITSAR, Punjab; Phone: 9914455243, 9915725424, 9356000048; Email: amritsar@ysscenters.org

Additional contact persons: Sri Ramesh Chander Kumra: 8427035390; Sri Vivek Mahajan: 9316505050; Sri Munish Pasricha: 9888446648; Sri Rajesh Arora: 991572542

All programmes will be held at the Kendra: Hotel Pannu International, Court Road, Amritsar

ARSIKERE, Karnataka

Yogoda Satsanga Dhyana Mandali—Arsikere

C/o Dr. B.C. Nalini, Consultant Surgeon, Guru Mahima, Shivananda Colony, ARSIKERE 573103, Karnataka; Phone: 9449213688, (08174) 232919; Email: arsikere@ysscenters.org

Additional contact persons: Dr B. C. Nalini: 9449213688; Sri Basavaraju: 9008395454; Sri C. N. Shankarappa: 9449461655; Dr. Lakshmi Havnur: 8095446171

All programmes will be held at: Veerashaiva Samudaya Bhavana, Parameswarappa Oil Mill Road, Shivananda Colony, Arsikere

BAILHONGAL, Karnataka

Yogoda Satsanga Dhyana Mandali—Bailhongal

C/o Sri Ramachandra G. Dixit, 'Bhagyashree Nivas', 725-I/C Basav Nagar, Muragod Road, BAILHONGAL 591102, Karnataka; Phone: 9731973027, 9741588545; Email: bailhongal@ysscenters.org

Additional contact persons: Sri S. M. Pattihal: 9741529259; Sri S. K. Kumbar: 9448037056; Sri M. S. Kumbar: 6361417303

All programmes will be held at: Shree Shivabasava Kalayan Mantap, Near Shree Veerbhadreshwar Temple, Inchal Cross, Bailhongal

BAREILLY, Uttar Pradesh

Yogoda Satsanga Dhyana Mandali—Bareilly

House No. 28, JHM Ace Colony, Opp. Mahamaya Vihar Public School, Dohra Road, BAREILLY 243006, Uttar Pradesh; Phone: 9412188255; Email: bareilly@ysscenters.org

Additional contact persons: Sri M. P. S. Yadav: 9412289718; Sri Vikas Saxena: 8953004826

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Bareilly

BHAVNAGAR, Gujarat

Yogoda Satsanga Dhyana Kendra—Bhavnagar

2nd Floor, Panchkutir Anaxy, Above Dr. Shruti Shah's Clinic, Kalubha Road,

BHAVNAGAR 364001, Gujarat; Phone 9825708076; Email: bhavnagar@ysscenters.org

Additional contact persons: Sri Dhruv H. Trivedi: 9825708076; Sri Bhushan V. Vyas: 8200522883

All programmes will be held at: Chandreshwar Mahadev Temple, Opp. HCG Hospital, Sir Pattani Road, Meghani Circle, Bhavnagar

BHIMAVARAM, Andhra Pradesh

Yogoda Satsanga Dhyana Mandali—Bhimavaram

C/o Dr. Chunduri Saibabu, Chunduri Gardens, P P Road, Rajarajeswari Granate Premises, Vissakoderu, WEST GODAVARI 534244, Andhra Pradesh; Phone: 7382336839, 9966629869; Email: bhimavaram@ysscenters.org

Additional contact persons: Sri K.S.R. Krishna Prasad: 9393555480; Sri Y.V. Krishna Mohan Rao: 9440316111

All programmes will be held at: L. H. Town Hall, Opposite Laanchila Revu Canal Road, Bhimavaram-534201, Dist. West Godavari

BHOPAL, Madhya Pradesh

Yogoda Satsanga Dhyana Mandali—Bhopal

Dr. Saroj Rangnekar, E4/ 218, Arera Colony, BHOPAL 462016, Madhya Pradesh; Phone: 9425693993; Email: bhopal@ysscenters.org

Additional contact persons: Sri Kailash Raghuvanshi: 9827260599, Sri Balkrishna Verma: 9893990441

All programmes will be held at: "Duttanand Hall", Sri Dutt Mandir Sansthan, Shri Kshetra, E4, Arera Colony, (Near Old Campion Ground), Bhopal

BHUBANESWAR, Odisha

Yogoda Satsanga Dhyana Kendra—Bhubaneswar

C/o Sri S. P. Mohapatra, B-3, BJB Nagar, BHUBANESWAR 751014, Odisha; Phone: 9437067437, 9437304555; Email: bhubaneswar@ysscenters.org

Additional contact persons: Sri Manoj Mahapatra: 9777182525; Sri Prabodha Kumar Nayak: 9861124394; Sri Kailash Ch. Panigrahi: 9438111120

All programmes will be held at: TTD Kalyan Mandap, Budyut Marg S, A.G. Colony, Acharya Vihar, Bhubaneswar

BHUJ, Gujarat

Yogoda Satsanga Dhyana Mandali—Bhuj

C/o Sri Arjun M. Rangani, Aagman, 2nd Floor, Opp. AIR, Near Jubilee Circle Ground, KACHCHH 370001, Gujarat; Phone: 9427235356, 9712205502; Email: bhuj@ysscenters.org

Additional contact persons: Sri Dhirendra Mohan Parmar: 8469692461; Sri Harpal Singh Vaghela: 9726271111, Sri Mohanlal Ravji Rangani: 9427235356

All programmes will be held at: Winsoul Farm, Reldi Patia, Kukma Bhuj–Gandhidham Highway, Kachchh

CHANDRAPUR, Maharashtra

Yogoda Satsanga Dhyana Mandali—Chandrapur

C/o Sri Jamnadas P. Farde, QTR No-24/C, Type-4, Sector-5, Ordnance Factory Chanda Estate, CHANDRAPUR 442501, Maharashtra; Phone: 9404767129, 9923978144; Email: chandrapur@ysscenters.org

Additional contact persons: Sri Ashok B. Khamankar: 9405900680; Sri Pradip Gangasagar: 9850468534; Sri Rajaram Sharma: 9403867802

All programmes will be held at: Senior O. F. Chanda Club, Ordnance Factory, Bhadrawati, Dist. Chandrapur

CHENNAI, Tamil Nadu

Yogoda Satsanga Chennai Retreat

Mannur Village, P. O. Vallarpuram, Taluk Sriperumbudur, KANCHI-PURAM 602105, Tamil Nadu; Phone: 7550012444, 9980940530, 9790901810; Email: chennairetreat@ysscenters.org

Additional contact persons: Smt. S. Gayathiri: 9840216173; Chennai Kendra: 7305861965

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Chennai Retreat

COCHIN, Kerala

Yogoda Satsanga Dhyana Mandali—Cochin

C/o Sri K. A. Pravakaran, Kalayil House, Via Thiruvankulam, P.O. Kureekkad, ERNAKULAM 682305, Kerala; Phone: (0484) 271141, (0484) 2787959, 9446355417; Email: cochin@ysscenters.org

Additional contact persons: Sri K. V. Sundaram: 9846177720; Sri Rajeev Jayaram: 9947287374; Dr. M. Vasumathi: 9847736518

All programmes will be held at: Sivapoorna Auditorium, Behind Varasidhi Vinayaka Temple, West side of Chakkankulankara Temple, Thirupoonithura

DARAUNDA, Bihar

Yogoda Satsanga Dhyana Mandali—Daraunda

C/o Sri Harishankar Yadav, Vill.: Korari Khurd, Siwan, DARAUNDA 841233, Bihar; Phone: 9801109659, 8340417514; Email: daraunda@ysscenters.org

Additional contact persons: Smt. Briti K. Singh: 8789986536, Sri Basant Lal Prasad: 8877274032

All programmes will be held at: Yogoda Satsanga Dhyana Mandali– Daraunda

DHARWAD, Karnataka

Yogoda Satsanga Dhyana Kendra—Dharwad

Plot No. 33, "C" Phase, Hanumanth Nagar, DHARWAD 580002, Karnataka; Phone: 8310389328, 8546823434, 9686150110, 9481460293; Email: dharwad@ysscenters.org

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Dharwad

DIHIKA, West Bengal

Yogoda Satsanga Dhyana Kendra—Dihika

Near Damodar Rail Gate, Damodar, P.O. Surjanagar, BURDWAN 713361, West Bengal; Phone: 9163146566, 9163146565; Email: dihika@ysscenters.org

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Dihika

GORAKHPUR, Uttar Pradesh

Yogoda Satsanga Dhyana Mandali—Gorakhpur

C/o Dr. Ramesh Chandra Srivastava, 784-E, Vishnupuram, P.O.: Basharatpur, GORAKHPUR 273004, Uttar Pradesh; Phone: (0551) 2500513, 9336425005; Email: gorakhpur@ysscenters.org

Additional contact persons: Sri Ramesh Chandra Srivastava: 9918155205; Sri Sudhir Yadav: 9999801932; Sri Akhilesh K. Srivastava: 9415849064

All programmes will be held at: Green Valley, Near Rani Sati Mandir, Ramnagar, Gorakhnath, Gorakhpur

GUNTUR, Andhra Pradesh

Yogoda Satsanga Dhyana Kendra—Guntur

Door No.: 6-3-25 (325), 3/2 Arundalpet, Next to Jain Temple, GUNTUR 522002, Andhra Pradesh; Phone: 9493445392, 8328678286, 9849911767, 9440794109; Email: guntur@ysscenters.org

Additional contact persons: Sri A. Venu Gopal: 9490105939; Smt. Lakshmi Challa: 8333818741

All programmes will be held at: Hindu College of Engineering & Technology, Amaravati Road, Guntur

GUWAHATI, Assam

Yogoda Satsanga Dhyana Mandali—Guwahati

C/o Smt. Neelakshi Duwarah, G-C, Ashok Palace, Ashok Path, Survey Beltola, KAMRUP 781028, Assam; Phone: 9864028342, 9864048729; Email: guwahati@ysscenters.org

The venue details will be available on our website, and also by contacting the phone numbers mentioned above.

HARIDWAR, Uttarakhand

Yogoda Satsanga Dhyana Mandali—Haridwar

C/o Dr. Rajeev Sharma, Shankar Bhavan, Birla Road, HARIDWAR 249401, Uttarakhand; Phone: 9927076055, 9764664844; Email: haridwar@ysscenters.org

Additional contact persons: Sri Praveen Tiwari: 9319022160; Dr. Deepali Sharma: 9927076054

All programmes will be held at: International Club, Sector 5A, BHEL Township, Bharat Heavy Electrical Limited Ran, Haridwar 249403

HYDERABAD, Telangana

Yogoda Satsanga Dhyana Kendra—Hyderabad

1, Chikotee Gardens, 1-10-63/1, Behind Nalli Silks, Begumpet, HYDERABAD 500016, Telangana; Phone: (040) 27767261, 7093720623; Email: hyderabad@ysscenters.org

Additional contact persons: Dr. Anjaneyulu Jeripiti: 9441245839; Smt. P. Soujanya Reddy: 8425849291; Smt. Nirmala Macherla: 9866440837

The venue details will be available on our website, and also by contacting the phone numbers mentioned above.

INDORE, Madhya Pradesh

Yogoda Satsanga Dhyana Kendra—Indore

C/o Smt. Perviz Ginwala, Village - Datoda, On Khandwa Road, Adjacent to Vivekanand Engg. College, INDORE 452020, Madhya Pradesh; Phone: 9425903969, 9981163332, 9755666166, 9770073626; Email: indore@ysscenters.org

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Indore

JABALPUR, Madhya Pradesh

Yogoda Satsanga Dhyana Kendra—Jabalpur

Yoga kendra, Above bank of Baroda, Medical College Hospital Gate, NSCB Medical College, Pisanhari ki Madhiya, Garha, JABALPUR 482003, Madhya Pradesh; Phone: 9340786189; Email: jabalpur@ysscenters.org

Additional contact persons: Dr. P. K. Rana: 9424952409; Dr. (Smt.) Priyadarshini Tiwari: 9407339764

All programmes will be held at: Samanvaya Seva Kendra, Samanvaya Pariwar Trust. Adi Sankaracharya Chowk, Chotiline Phatak, Nagpur Road, Jabalpur

JAIPUR, Rajasthan

Yogoda Satsanga Dhyana Kendra—Jaipur

4 Himmat Nagar, Lane No. 1, Tonk Road, JAIPUR 302018, Rajasthan; Phone: 9414072919, 8302613676; Email: jaipur@ysscenters.org

Additional contact persons: Sri Pradeep Kumar Sharma: 9829016407; Sri Gaurav Sharma: 8440000388

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Jaipur

JAMMU, Jammu & Kashmir

Yogoda Satsanga Dhyana Kendra—Jammu

Paramahansa Yogananda Path, Udheywala–Muthi, Poonch Lines, Akhnoor Road, JAMMU 181205, Jammu & Kashmir; Phone: (0191) 2501578; Email: jammu@ysscenters.org

Additional contact persons: Sri Vikas Abrol: 7006155849; Sri Pankaj Kaul: 8492880723; Sri Sanjay Anand: 9622291111

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Jammu

KAKINADA, Andhra Pradesh

Yogoda Satsanga Dhyana Mandali—Kakinada

C/o Sri B. Bhaskara Rao, H.No. 5-1-22, Near II Town Police Station, Suryaraopeta, EAST GODAVARI 533001, Andhra Pradesh; Phone: (0884) 2376975, 9000836136, 9949856816; Email: kakinada@ysscenters.org

Additional contact persons: Smt. Bharati: 9948058655; Smt. K. Suvarchala: 9346512694

All programmes will be held at: Sarswati Gana Sabha (Surya kalamandiram), Kalpana Centre, Opposite Municipal Corporation Office, Kakinada

KANNUR, Kerala

Yogoda Satsanga Dhyana Kendra—Kannur

Near Thanal Hospital, Padanapalam, Chalad P.O., KANNUR 670014, Kerala; Phone: 8157030009, 9895950655; Email: kannur@ysscenters.org

Additional contact persons: Sri K. K. Sujith: 8547178298; Smt. Shabnam: 9995619014; Sri K. K. Sajeeth Kumar: 9895950655

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Kannur

KHAMMAM, Telangana

Yogoda Satsanga Dhyana Mandali — Khammam

H. No.: 10-4-20, First Floor, Saibaba Temple Road, Mamillagudem, KHAMMAM 507001, Telangana; Phone: (08742) 254474, 9848606261, 9908801326; Email: khammam@ysscenters.org

Additional contact person: Sri V. V. Janaki Rama Rao: 8247661681; Sri K. Punneswar Rao: 9989002112; Sri K. Sitharama Rao: 9441202244

All programmes will be held at: Gayatri Bhavan, S.N.Murthy Thota, Ramalayam Centre, Khammam

KORBA, Chhattisgarh

Yogoda Satsanga Dhyana Mandali — Korba

C/o Sri Jai Prakash Wassan, 3B-101, S.S. Enclave Power House Road, KORBA 495677, Chhattisgarh; Phone: 9425532876, 7024111214; Email: korba@ysscenters.org

Additional contact person: Sri Subrat Mitra: 7000670373

All programmes will be held at: Yogoda Satsanga Dhyana Mandali-Korba

MUMBAI, Maharashtra

Yogoda Satsanga Dhyana Kendra—Mumbai

Aashirwad Building, Tilak Road Extension, Nr. Wadala Bus Depot, Wadala (W), MUMBAI 400031, Maharashtra; Phone: (022) 24103163, 9969669281; Email: mumbai@ysscenters.org

Additional contact persons: Kum. Pervin M. Dhudmal: 9820785428; Smt. Kulsum Jamal: 9930428849

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Mumbai

NASIK, Maharashtra

Yogoda Satsanga Dhyana Mandali—Nasik

C/o Sri Amit Upadhyaya, Ashrey Bungalow, 12, Gulmohar Vihar, Behind Reliance petrol pump, Anandwalli Pipeline Rd, Satpur, NASIK 422007, Maharashtra; Email: nasik@ysscenters.org

Additional contact persons: Sri Amit Upadhyaya: 9823052826; Smt. Sangeeta Upadhyaya: 9823170826; Sri Dilip T. Bhadane: 7588818350

All programmes will be held at: Vairaj Kaladalan Hall, Near Kulkarni Garden, Near Soni Paithani Sarees, Sharanpur Road, Nasik

PALAMANER, Andhra Pradesh

Yogoda Satsanga Dhyana Mandali—Palamaner

C/o D. Venkata Ramana, S/o D. Venkatraya Chetty, D. No: 2/70/2, Kappala Veeraswamy Street, Old Pet, CHITTOOR 517408, Andhra Pradesh; Phone: 9398980188, 7382877900; Email: palamaner@ysscenters.org

Additional contact persons: Sri A.V. Muni Raj: 9963860949; Sri Ramana: 9398980188; Sri Parthasarathi: 9494067018

All programmes will be held at: Lions Bhavan, Madanapalle Road, Chittoor

PALAMPUR, Himachal Pradesh

Yogoda Satsanga Dhyana Mandali—Palampur

C/o Smt. Aruna Katoch, V.P.O.: Sungal Tea Estate, Kangra, PALMPUR 176061, Himachal Pradesh; Phone: 9418054139; Email: palampur@ysscenters.org

Additional contact persons: Sri Pratap S. Katoch: 9418054139; Smt. Bhavna Verma: 9418863989; Dr. Kartik Sharma: 9418134917

All programmes will be held at: Yogoda Satsanga Dhyana Mandali– Palampur

PARAMAKUDI, Tamil Nadu

Yogoda Satsanga Dhyana Mandali—Paramakudi

C/o Sri Ram Suresh Kannan, Nanal Spoken English, 7/195, Amman Sannithi, Big Bazar, Ramnathpuram, PARAMAKUDI 623707, Tamil Nadu; Phone: 7598577979, 9940876839; Email: paramakudi@ysscenters.org

Additional contact persons: Sri C. Siva Kumar: 9443503296; Dr. K. S. Shiva Karthikeyan: 9442255951; Sri A. Sathish Kumar: 9171780808

All programmes will be held at: A. P. Sha Mahal, Ullaganathapuram, Paramakudi

PITHAPURAM, Andhra Pradesh

Yogoda Satsanga Dhyana Kendra—Pithapuram

C/o Sri M. Jagannadha Sarma, 8-2-58/2, Rohini Complex, Uppada Road, EAST GODAVARI 533450, Andhra Pradesh; Phone: 6305629847, 7659948689; Email: pithapuram@ysscenters.org

Additional contact persons: Sri M. J. Sarma: 9440528447; Sri. E. N. V. Krishna: 8522097777

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Pithapuram

PORBANDAR, Gujarat

Yogoda Satsanga Dhyana Mandali—Porbandar

C/o Dr. Jatin R. Soneji, "Matruchhanya" 4, Vadi Plot, PORBANDAR 360575, Gujarat; Phone: 9426372463; Email: porbandar@ysscenters.org

Additional contact persons: Sri K. V. Maradia: 9664947099

All programmes will be held at: Sharda-Nandlal Hall, Satyanarayan Mandir, Porbandar 369575

PUNE, Maharashtra

Yogoda Satsanga Dhyana Kendra—Pune

Flat: 1-B, Kartik Apartments, Shanti Sheela Society, Lane Opp. ICICI ATM, Erandwane, Law College Road, PUNE 411004, Maharashtra; Phone: 9881240512; Email: pune@ysscenters.org

Additional contact persons: Smt. Medha C. Inamdar: 9822040238, Smt. Sapna Bhelke: 8888813215

All programmes will be held at: Yogoda Satsanga Sarovar Sadhanalaya—Pune, 12th Kilometer milestone to Panshet Dam, Panshet Road, Khanapur Village, Opposite Nand Mahal, 1 stop ahead of Shantivan resort, 2.5 KM ahead of Khanapur village, Dist. Pune 411025

PURI, Odisha

Yogoda Satsanga Dhyana Kendra—Puri

Near Orissa Bakery, Water Works Road, PURI 752002, Odisha; Phone: (06752) 233272, 9778373452, 8249701620; Email: puri@ysscenters.org

All programmes will be held at: Yogoda Satsanga Dhyana Kendra-Puri

RAIPUR, Chhattisgarh

Yogoda Satsanga Dhyana Mandali—Raipur

C/o Sri Rajkumar Satdeve, H.No.: C-3-B, Priyadarshini Nagar, Behind Vijeta Complex, RAIPUR 492001, Chhattisgarh; Phone: (0771) 4028659, 9981517979, 9406004280; Email: raipur@ysscenters.org

Additional contact persons: Sri Rishi Shukla: 9827402444; Sri Vijay Kumar Ranjan: 9827164284

All programmes will be held at: New Rajendra Nagar (behind Sai Baba Hospital), Raipur

RAJKOT, Gujarat

Yogoda Satsanga Dhyana Kendra—Rajkot

M-4, Gujarat Housing Board, Paramahansa Yogananda Marg, Opp. Swaminarayan Temple, Kalavad Road, RAJKOT 360001, Gujarat; Phone: 7405843071; Email: rajkot@ysscenters.org

Additional contact persons: Sri Jagdeep M. Joshi: 8780349718; Dr Pradip M. Karkare: 9227601947; Sri Mehul Ramanuj: 9824341531

All programmes will be held at: Abhay Bharadwaj Community Hall, Opp. RMC Ward No. 9 office, Paradise Hall road, Near Raiya road, Bapa Sitaram Chowk, Rajkot

SALEM, Tamil Nadu

Yogoda Satsanga Dhyana Mandali—Salem

2nd Floor, (Above Allahabad Bank), 8/1, Yercaud Main Road, Sarada College Road, Alazhapuram, Surnapuri, SALEM 636004, Tamil Nadu; Phone: 9489417333, 9443274073; Email: salem@ysscenters.org

Additional contact persons: Smt. K. Nandhini: 9940746404; Sri T. K. S. Ravi: 9443280095; Sri Karthikeyan R.: 9842743367

All programmes will be held at: Ponnusamy Gounder Thirumana mandapam 1/315D, SKS Hospital road, Opposite New Bus Stand, Fairlands, Salem

SILIGURI, West Bengal

Yogoda Satsanga Dhyana Mandali—Siliguri

Deepak Resort Mandir C/o Tirupati Marble, Opp. Ladoo Gopal Sweets, Near Monastery, Salugara, Siliguri, Jalpaiguri, West Bengal; Phone: 9832026000; Email: siliguri@ysscenters.org

The venue details will be available on our website, and also by contacting the phone numbers mentioned above.

SOLAN, Himachal Pradesh

Yogoda Satsanga Dhyana Kendra—Solan

"Manohar Niwas", Near Jawahar Park, Circular Road, SOLAN 173212, Himachal Pradesh; Phone: (01792) 222141, 9418148383; Email: solan@ysscenters.org

Additional contact persons: Dr. Sunil Puri: 9816011680; Sri Lalit Aggarwal: 8219585939; Dr. C.D. Sharma: 9418638808

All programmes will be held at: Shoolini University, Kumarhatti-Oachghat Highway, Bajhol 173229

SURANA, Rajasthan

Yogoda Satsanga Dhyana Mandali—Surana

C/o Sri Ram Sharan Jat, Vill. & P.O.: Surana, Via: Ghatwari, Kumas Road, Near Shiv Mandir, JAIPUR 303120, Rajasthan; Phone: 7611880033, 9680043847; Email: surana@ysscenters.org

Additional contact persons: Sri Rajendra Kumar Jat: 9680043849; Sri Daulat Ram: 8058704968

All programmes will be held at: Yogoda Satsanga Dhyana Mandali-Surana

SURAT, Gujarat

Yogoda Satsanga Dhyana Kendra—Surat

57-58, Swashray Society, Diwali Baug, Athwa Lines, SURAT 395001, Gujarat; Phone: 9825063043, 9427794848, 9723250484; Email: surat@ysscenters.org

Additional contact persons: Sri Amitbhai Khanna: 9824152433; Sri Hitesh P. Kakadiya: 9925823690; Sri Jignesh Bhaliya: 9586264859

All programmes will be held at: Shri Badrinarayan Mandir (Shri Nathniranjanbaba Badrikashram Trust), Near Tapti River, Adajan, Surat

THIRUTHURAIPOONDI, Tamil Nadu

Yogoda Satsanga Dhyana Mandali—Thiruthuraipoondi

C/o Sri G. Senthilnathan, No. 2, North Chetty Street, THIRUTH-URAIPOONDI 614713, Tamil Nadu; Phone: 9524350800, 9578307898, 9976403934, 8610200136; Email: thiruthuraipoondi@ysscenters.org

All programmes will be held at: SYM complex, Mannai road, Near old bus stand, Thiruthuraipoondi

TIRUCHIRAPPALLI, Tamil Nadu

Yogoda Satsanga Dhyana Mandali—Tiruchirapalli

1st floor, 164, II cross, Ganapthy Nagar, Uyyakondan Malai Road, TIRUCHIRAPPALLI 620102, Tamil Nadu; Phone: 9361785756, 9150179475, 9443301909; Email: tiruchirappalli@ysscenters.org;

Additional contact persons: Sri Raja Venugopal: 9842470811; Smt. P. Jeyapriya: 9789224596

All programmes will be held at: Taj Mandabam, Karur Bypass Road, Chathram Bus Stand, Trichy 620002

TIRUNELVELI, Tamil Nadu

Yogoda Satsanga Dhyana Mandali—Tirunelveli

C/o Sri S. Suresh Babu, House No.: 22, North Street, Sindupoondurai, TIRUNELVELI 627001, Tamil Nadu; Email: tirunelveli@ysscenters.org

Additional contact persons: Sri K.S. Narayana Murthy: 9600284999; Sri Suresh S. Babu: 9003777740

All programmes will be held at: Suguna Hall, Hotel Sri Madhuram, Opp. to Krishna Hospital, 9H, North High Ground Rd, Palayamkottai, Tirunelveli

UDAIPUR, Rajasthan

Yogoda Satsanga Dhyana Mandali—Udaipur

C/o Sri Shyam Lal Sukhwal, Mohan Niwas, 10-C, Madhuvan, UDAIPUR 313001, Rajasthan; Phone: (0294) 2524609, 9829796069; Email: udaipur@ysscenters.org

Additional contact persons: Sri L. N. Sharma: 9460916600; Sri J. P. Chaturvedi: 8769769584; Sri Shyam Lal Sukhwal: 9829796069

All programmes will be held at: Vigyan Samiti, Road No. 17, Ashok Nagar, Udaipur, Rajasthan

VADODARA, Gujarat

Yogoda Satsanga Dhyana Kendra—Vadodara

A-106, Jainidhi Township, Near Diwalipura Garden, Diwalipura, VADODARA 390007, Gujarat; Phone: 9879086408, 9427933446, 9898575490; Email: vadodara@ysscenters.org

Additional contact persons: Dr. Kushal G. Shah: 9824258216; Dr. Siddhartha R. Bartake: 9825044720

The venue details will be available on our website, and also by contacting the phone numbers mentioned above.

VARANASI, Uttar Pradesh

Yogoda Satsanga Dhyana Mandali—Varanasi

C/o M/S B. Mehrotra & Co., B-38/9 Gha B-1, Raghunath Nagar, Mahmoorganj, VARANASI 221010, Uttar Pradesh; Phone: (0542) 2364070, 9415201800, 9415268297; Email: varanasi@ysscenters.org

Additional contact persons: Sri Hiralal Agarwal: 9936797879; Smt. Shalini Mehrotra: 9554427000

All programmes will be held at: Hotel De Paris, The Mall, Cantt, Varanasi

VIJAPUR, Gujarat

Yogoda Satsanga Dhyana Mandali—Vijapur

C/o Sri Jitendra R. Patel, The Forward High School, Near Kishipura, AT & P. O. Vijapur, Mehesana 382870, Gujarat; Phone: 9978770322; Email: vijapur@ysscenters.org

Additional contact persons: Sri Mitesh N. Patel: 9426370069; Sri Jitendra R. Patel: 9427694018

All programmes will be held at: Yogoda Satsanga Dhyana Mandali– Vijapur

WARANGAL, Telangana

Yogoda Satsanga Dhyana Mandali—Warangal

B6, Top floor, KUDA Apartments, Besides Ambedkar Bhavan, Gokul Nagar, Hanamkonda, WARANGAL 506001, Telangana; Email: warangal@ysscenters.org

Additional contact persons: Sri T. Bhaskar Rao: 9849442309; Sri C. Vishwanatham: 9441335062; Sri A. Srinivasulu: 9866181216; Sri Sampathi Dilip Kumar: 9381215416

All programmes will be held at: Bala Vikasa, People Development Training Center (PDTC), Fathimanagar, NIT (post), Warangal