Yogoda Satsanga Dhyana Kendra – Dihika

- Trains are available from Howrah railway station to Asansol railway station which is about 12 kms from the Dhyana Kendra. One can hire taxi or auto-rickshaw to reach the retreat which is 30 minutes drive.
- One can avail local trains on Asansol-Adra route and get down at Damodar (2nd stoppage from Asansol junction). From here Dhyana Kendra is a mere 10 minutes walk.